



Diet and exercise and NatureStar's powerful line of...

**Natural • Science-Based • Condition-Specific • Value-Priced**  
health supplements are just a start to helping make sure you live the healthiest life possible.\*

National surveys show that the top ten concerns of the "over forty" demographic include:

**Heart Health, Cholesterol, Immune Function, Memory, Bone and Joint Health, Digestion, Vision, and Prostate Health.**



**Cardio-Health Complex:**

Heart Disease is the #1 cause of death in the United States. Cardio-Health Complex is the most comprehensive formula on the market today, employing "state of the art", science based ingredients, such as Folic Acid, Co-Q10 and L-Carnitine, to help maintain a healthy cardiovascular system.\*



**Super Digestive Complex:**

As we age, digestive issues, bloating, gas, heartburn, and indigestion, often become a part of our daily lives. Super Digestive Complex is a complete formula containing a balance of enzymes such as amylase, protease, cellulase, lactase and lipase for total digestive health.\*



**Immune Support Complex:**

As we age, the ability of our immune system to function at the optimum level decreases. Immune Support Complex contains patented Immunolin-HD,<sup>™</sup> a powerful ingredient for stimulating your body's own natural Immune response\*.



**Cholesterol Health Complex:**

Out of the 12 million who die from Cardiovascular disease each year, 4 million die as a result of high cholesterol. In September of 2000, the FDA recognized that the intake of plant sterols "may reduce the risk of coronary disease". Cholesterol Health Complex contains patented VEGAPURE<sup>®</sup>, a blend of major plant sterols to help improve cholesterol health.\*



**Omega Complete Complex:**

Essential Fatty Acids help perform a host of physiological functions: joint health, flexibility, blood platelet health, neurological function, and immune response. Omega Complete Complex is a super blend of Fish, Borage, and Flaxseed resourced Omega 3, 6, and 9 Fatty Acids superior to other EFA or Fish Oil formulas in the market today.\*



**Memory Support Complex:**

Phospholipids have been shown to support healthy brain function. Memory Support Complex is a super blend of Phosphatidylserine, Phosphatidyl Choline and DHA, making it one of the most effective formulas on the market today.\*



**Bone Density Complex:**

Calcium is one of the most important minerals in the body, particularly the skeletal structure. Bone Density Complex is a powerful blend of four distinct forms of calcium, magnesium, boron, trace minerals and Vitamin D.\*



**Vision Support Complex:**

A study published recently (AREDS) showed that certain antioxidants and trace minerals could reduce the progress of degeneration and vision loss. Vision Support Complex provides a powerful blend of antioxidants including Vitamins A, C, and E along with Lutein, Bilberry, Borage, Copper and Zinc for healthy vision support.\*



**Super Probiotic Complex:**

For a strong Immune system you need to be sure you maintain an adequate population of "friendly flora" or bacteria. Super Probiotic Complex contains an average of 4 Billion viable organisms per capsule including: Acidophilus, Bifidum, Longum, and Rhamnosus bacteria.\*



**Prosta-Health Complex:**

Saw Palmetto, Pygeum, Stinging Nettle, and Pumpkin Seed have been shown to reduce the symptoms associated with an enlarged prostate. Prosta-Health Complex is a comprehensive blend of phyto-extracts that have been shown to have an anti-inflammatory action on the prostate gland.\*

NatureSTAR®

Value Your Health

NatureSTAR®

**Formulas for Real Issues!**

NatureStar has created a range of products that take the confusion out of the buying decision through a comprehensive range of formulas that are "science based" and that address the most prevalent health issues of today.\*

NatureStar's formulas are the result of the work of scores of researchers, tedious university studies and peer-reviewed articles.\*

These comprehensive formulations are efficacious and specific in their unique bio-pathway support of health systems.\*

- **Natural**
- **Science-Based**
- **Condition-Specific**
- **Value-Priced**

NatureSTAR®

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Consult a Health Care Professional before use if you are currently under medical care or taking prescription drugs. Pregnant or Lactating women should consult a Health Care Professional before using any product.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.

**If You Value Your Health**



**Quality You Can Count On!**

**Value Your Health!**

NatureStar is the first supplement line in the United States to address the primary health concerns of the "over forty" population with a range of formulas that are "condition specific".\*

**Quality You Can Count On!**

